

# DIRECTORY OF INFORMATION ABOUT LOCAL SERVICES

## BRANDON & BYSHOTTLES AND BRANCEPETH PARISHES



A guide to public services, local societies, clubs and organisations in the parishes.

FIRST EDITION - JUNE 2015

Produced by Brandon & Byshottles and Brancepeth Parish Councils with Mid Durham Area Action Partnership

**Waterhouses – Village Hall**  
Beavers, Cubs and Scouts, Carumba Smooth,  
Cinema, Coffee morning, Dance Fit  
Dance for Older People, Social Club  
Toddlers, Wine Club  
Angela Collinson Tel: 0191 3736957

### BRANCEPETH PARISH COUNCIL REPRESENTATIVES

Jessie Brown, Kirkstone, The Forge, Brancepeth, DH7 8EW  
Tel: 0191 3782748  
Christine Jones, 32 Goodwell Lea, Brancepeth, DH7 8EN  
Michael Lowe, School House, Brancepeth, DH7 8DG  
email: mrl@orchid.freeserve.co.uk  
Phillip Pickles, 19 The Village, Brancepeth, DH7 8DG  
Tel: 0191 3780556  
David Thomas, 5 Goodwell Lea, Brancepeth, DH7 8EN  
Tel: 0191 3784465

**Village Hall**  
Bookings – Geraldine Jennings Tel: 0191 3781583

**Brancepeth Castle Golf Club**  
Contact: Tel: 0191 3780075

**Doctors – Medical Practices**  
Willington Medical Group, Chapel Street, Willington  
Tel: 01388 742500

**Dentists**  
P F Gilbert, 60 High Street, Willington Tel: 01388 745499  
ADP Dental Practice, 109 Commercial Street Tel: 01388 746146

Mid Durham Area Action Partnership (AAP) is supporting residents in your Parishes to improve the quality of life for their communities. The Mid Durham AAP team can be contacted on 07557 541413 or at mdaap@durham.gov.uk

Mid Durham AAP have worked with partners to provide the following services:

Employability Programme	03000 262383
Help and support to find a suitable job and training	
SHED	0191 3737687
Practical work experience and support back into work	
Business Advisor	0191 3892648
Developing and keeping local businesses in business	
Silver Talk	0800 0930092
A free telephone befriending service for older residents	
Managing f Better	0300 5000933
Helps older residents to save money on energy bills	
Neighbourhood Networks	01388 742043
Support for older people in New Brancepeth and fish Winning	
Health Trainers	0120 7218802
Practical health advice for older people	
Mid Durham Small Grants Fund	07557 541413
Aimed at supporting local community groups	



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**JOB CENTRE PLUS (Durham)**  
**ONE POINT** (for young people & families)  
Tel: 0345 6043719  
Tel: 03000 261 111

**LIBRARIES**  
Brandon Library Tel: 03000 269501  
Durham Clayport Library Tel: 03000 265524  
Esh Winning Library Tel: 03000 265002

**PLAY PARKS**  
Addison Park, Browney Lane, Meadowfield  
Brandon Park, rear Brandon Community Hall  
Broompark Play Area  
Esh Winning Play Area, Woodland Road  
Holiday Park, Langley Moor  
Ushaw Moor Play Areas - next to Deerness Gymnastics Academy  
and Cricket Club  
Waterhouses Play Area

**POLICE**  
**In Emergency** (where there is danger to life or a crime is in progress) dial **999**  
Non Emergency dial **101**

**POST OFFICE SERVICES**  
**Esh Winning** Tel: 0191 3734205  
**Langley Moor** Tel: 0191 3780305  
**New Brancepeth** Tel: 0191 3730201  
**Ushaw Moor** Tel: 0191 3730223

**RAIL ENQUIRIES** Tel: 0845 7484950

**SCHOOLS**  
**Brandon**  
Brandon Community Primary School, Carr Avenue  
Tel: 0191 3780124  
Brandon Happy Times Tel: 0191 3789890

**Browney**  
Browney Academy, Harle Street Tel: 0191 3780562

**Esh Winning**  
Esh Winning Primary School, The Wynds Tel: 0191 3734701  
Our Lady Queen of Martyrs, Durham Road Tel: 0191 3734343

**Langley Moor**  
Langley Moor Nursery, Brandon Lane Tel: 0191 3780830  
Langley Moor Primary, Brandon Lane Tel: 0191 3780103  
St. Patrick's R.C. School, Goatbeck Terrace Tel: 0191 3780552

**New Brancepeth**  
New Brancepeth Primary Tel: 0191 3730736

**Ushaw Moor**  
Durham Community Business College, Bracken Court Tel: 0191 3730336  
Silver Trees Pre School, Durham Road Tel: 0779 5022917  
Silver Trees Infant & Junior, Durham Road Tel: 0191 3730622  
St. Joseph's R.C. Primary School Tel: 0191 3730355

**SWIMMING POOLS**  
Freeman's Quay, Durham City Tel: 03000 268488  
Spennymoor Leisure Centre Tel: 03000 261161

**TAXIS**  
Blacks, Ushaw Moor Tel: 07599 248429  
J D Cabs, Langley Moor Tel: 0191 3782555  
Keith Moore, Ushaw Moor Tel: 07774 493911  
Rays Taxis, Brandon Tel: 0191 3780927  
Richardsons, Ushaw Moor Tel: 07946 625067  
S & J Travel, Langley Park Tel: 0191 3736899

**TELEPHONES**  
Report faults on Tel: 0800 800151  
For BT customer services enquiries Tel: 0800 800150  
Directory Enquiry Line (BT) Tel: 118500

**TOURIST INFORMATION - Durham** Tel: 03000 262626

**NET**  
Abbey Veterinary Centre, Durham Tel: 0191 3845115  
Dunelm Veterinary Group, Durham Tel: 0191 3847609  
Gilmoor Veterinary Group, Durham Tel: 0191 3864477  
Vets4Pets Ltd, Durham Tel: 0191 3830555

**WATER AND SEWAGE**  
To report faults on water supply or sewerage –  
Northumbrian Water  
LEAKLINE  
Tel: 08457171100  
Freephone: 0800 393084

### BRANDON & BYSHOTTLES INFO LIST – Other Contact Numbers

A list of some of the classes and clubs to be found in the Parish area.

Brandon	Contact	Phone
Bocca – Althefit	Paul Henderson	Tel: 07462 219978
Brandon Boxing Club	Alex Oliver	Tel: 07968 733342
Brandon & Meadowfield Residents Assoc.	George Kelley	Tel: 07867 880842
Brandon Carrside Youth Club	Julie O'Connor	Tel: 0191 3784975
Brandon Community Partnership	Lynn Readman	Tel: 0191 3781743
Brandon Sports Club	Lynn Readman	Tel: 0191 3781743
Football Team	Paul Eilless	Tel: 07552 938108
Bingo	Brandon Welfare Hall	
Brandon Cricket Club	Ian Johnson	Tel: 0191 3789288
Brandon Village Residents Assoc.	Tom Sharples	Tel: 0771 0359584
Brandon United FC Under 18's	Stephen Hird	Tel: 07772 896180
Clothes Bank	Dawn Willson	Tel: 07707 031625
5th Durham City Scout Group	Mr Ken Robertson	Tel: 0191 3739009
Food Bank	Tina MacLellan	Tel: 0191 3740686
Friends of Brandon Park	Lynn Readman	Tel: 0191 3781743
Girls Group 12 years +	Julie O'Connor	Tel: 0191 3784975
Lads Night 12 years +	Julie O'Connor	Tel: 0191 3784975
NEETS 16 years +	Julie O'Connor	Tel: 0191 3784975
Rabbit Club	Eddie Kell	Tel: 0191 3760267
Stimming World	Carol	Tel: 07517 369096
Table Tennis/Aerobic Table Tennis	Tony Taylor	Tel: 0191 3784380
Youth Club 12 years +	Julie O'Connor	Tel: 0191 3784975
<b>Esh Winning</b>		
Deerness over 60's	George Wharton	Tel: 0191 3730643
Esh Winning Cricket Club	Brian Gott	Tel: 0786 6372451
Esh Winning Residents Group	Mrs Rose McAllister	Tel: 0191 3734438
Youth Club 12 years +	Julie O'Connor	Tel: 0191 3784975
<b>Langley Moor</b>		
The Boyne Play Pit	David White	Tel: 0191 3783813
The Friends of Langley Moor	Danny Bone	Tel: 0191 3780016
Salvation Army	David White	Tel: 0191 3789298
<b>Meadowfield</b>		
Addison Park Bowling Club	Dennis Jackson	Tel: 0191 3781661
Harry Carr House Luncheon Club	Ann Kidman	Tel: 0191 3782069
Meadowfield & Langley Moor Over 60's	Mrs P Harrison	Tel: 0191 3782559
<b>New Brancepeth</b>		
Day Centre	David Bell	Tel: 0191 3406086
Jazz Band	David Bell	Tel: 0191 3406086
New Brancepeth Res. Assoc.	Pauline Hindmarch	Tel: 0191 5978171
Youth Club	David Bell	Tel: 0191 3406086
<b>Ushaw Moor and Broompark</b>		
2-4 Club, St Joseph's Hall	Pat McMahon	Tel: 0191 3730545
Ushaw Moor Cricket Club	Jeff Aire	Tel: 07554 358976
Ushaw Moor Cricket Club F.C.	Mark Burnham	Tel: 0780 0669918
Youth Club 12 years +	Julie O'Connor	Tel: 0193 3784975
The Hive	John Arthurs	Tel: 0191 3730161
The Hut	Laura Chagman	Tel: 07939 863342
Broompark WI	Claudette Whitton	Tel: 0191 3686955
For more classes and clubs in Ushaw Moor please see Ushaw Moor & Broompark Community Newsletter on <a href="http://www.ushawmoor.wordpress.com">www.ushawmoor.wordpress.com</a>		
Tea on Thursday	Geraldine Barnes	Tel: 0191 3733084

## INTRODUCTION

This information was understood to be correct on going to print. Please report details of any changes, corrections or proposed additions to:

The Parish Clerk, Susan Carmedy  
Tel: 0191 3789947  
info@brandonandbyshottlesparishcouncil.gov.uk

## REPRESENTATIVES

**BRANDON**  
John Grantham, 52 Sycamore Park, Brandon Tel: 0191 3782631  
Sarah Leckenby, 2 Grey Gables, Brandon Tel: 07794 604669  
Brian Nelson, 16 Frederick Street North, Meadowfield Tel: 0191 3783147  
John Turnbull, 19 Winchester Drive, Brandon Tel: 0191 3780408

## ESH WINNING & WATERHOUSES

Jean Chaplow, 12 Woodland Road Flats, Esh Winning Tel: 0191 3730028  
Derek Graham, 17 Wood View, Esh Winning Tel: 0191 3734147  
Barry Sims, Black Horse, Hamilton Row, Waterhouses Tel: 0191 3734576  
Cecilia Wharton, 'Robinia', Deerness Place, Waterhouses Tel: 0191 3730643

## LANGLEY MOOR

Sylvia Akins, 32 Burnigill, Meadowfield Tel: 0191 3784369  
Nick Rippin, 17 East View, Meadowfield Tel: 07718 145780  
Jill Rodgers, 24 John Street North, Meadowfield Tel: 0191 3784688

## MEADOWFIELD & BROWNIE

Thomas Akins, 32 Burnigill, Meadowfield Tel: 0191 3784369  
Susan Nelson, 16 Frederick Street North, Meadowfield Tel: 0191 3783147  
Paul Taylor, 7 Station Road, Meadowfield Tel: 0191 3780951

## NEW BRANCEPETH

David Bell, 4 Fairfalls Terrace, New Brancepeth Tel: 0191 3406086  
Anne Bonner, 13 Beech Park, Brandon Tel: 03000 268687  
Derek Jones, 14 Pringle Place, New Brancepeth Tel: 0191 3731631

## USHAW MOOR & BROOMPARK

David Clegg, 44 Bracken Court, Ushaw Moor Tel: 07966 870021  
Pauline Gates, 3 Bay Court, Ushaw Moor Tel: 0191 3739290  
Jimmy Jamieson, 10 Waltons Buildings, Ushaw Moor Tel: 0191 3732440  
Phil Stoddart, 8 New Acres, Ushaw Moor Tel: 0191 3736698

## Employees:

Parish Clerk: Susan Carmedy  
6 Goatbeck Terrace, Langley Moor Tel: 0191 3789947  
Allotments Officer/ Administrative Assistant: Susan Howe Tel: 0191 3789947  
Cleaner: Jane Carmedy

## DURHAM COUNTY COUNCILLORS

John Turnbull, 19 Winchester Drive, Brandon Tel: 03000 268785  
Paul Taylor, 7 Station Road, Meadowfield Tel: 03000 268779  
David Bell, 4 Fairfalls Terrace, New Brancepeth Tel: 03000 268680  
Jean Chaplow, 12 Woodland Road Flats, Esh Winning Tel: 0191 3730028  
Anne Bonner, 13 Beech Park, Brandon Tel: 03000 268687  
Olwynn Gunn, 7 Railway Terrace, Hurwick Tel: 03000 268714  
Fraser Tinsley, 4 Raby Terrace, Willington Tel: 03000 268691

## MEMBER OF PARLIAMENT

Roberta Blackman-Woods MP (Labour) Tel: 0191 3741915  
The Miners' Hall, Redhills, Durham DH1 4BD  
For date and time of next surgery please see website  
[www.roberta.org.uk](http://www.roberta.org.uk)

## MEMBERS OF EUROPEAN PARLIAMENT

Jude Kirton-Darling MEP (Labour) Labour Central, Kings Manor, Newcastle upon Tyne NE1 6PA Tel: 0191 246 5276  
[jude.kirton-darling@europarl.europa.eu](mailto:jude.kirton-darling@europarl.europa.eu)  
John Arnott MEP (UK Independence Party) Tel: 00 32228 45330  
[jonathan.arnott@europarl.europa.eu](mailto:jonathan.arnott@europarl.europa.eu)  
Paul Brannen MEP (Labour) Labour North, Kings Manor, Newcastle upon Tyne NE1 6PA Tel: 0191 246 5276  
[paul.brannen@europarl.europa.eu](mailto:paul.brannen@europarl.europa.eu)

## LOCAL AUTHORITY SERVICES

**DURHAM COUNTY COUNCIL** [www.durham.gov.uk](http://www.durham.gov.uk)  
County Hall, Durham Tel: 03000 260 000  
BUILDING CONTROL & PLANNING Tel: 03000 262 830  
• Advice on planning applications and building regulations  
CARE CONNECT (mobile warden, community alarm service) Tel: 03000 262195

**CIVIL CONTINGENCIES UNIT**  
• information on planning for emergencies e.g. flooding  
Tel: 03000 264 654  
Tel: 03000 264 000  
Tel: 03000 260 000

**COUNCIL TAX & NNDR (Business Rates)**  
CUSTOMER SERVICES  
FLY TIPPING AND PEST CONTROL  
Tel: 03000 261 000  
• Waste disposal tips are located at Potterhouse Lane, Pity Me  
HOUSING BENEFIT/ COUNCIL TAX BENEFIT  
NEIGHBOURHOOD WARDENS  
Tel: 03000 262 000  
• For litter, dog fouling, graffiti and anti-social behaviour  
Tel: 03000 265 342  
• To report problems on rights of way

**PUBLIC RIGHTS OF WAY**  
REFUSE/ RECYCLING - STREETSCENE ENQUIRIES  
Tel: 03000 261 000  
Tel: 03000 261 016

**REGISTERED TRADERS SCHEME**  
ROADS, TRAFFIC CONTROL AND ROAD SAFETY  
• (Highways Action Line HAL)  
Street Lighting  
Tel: 03000 261 000  
Tel: 03000 261 000  
• Report faulty street lights, giving ref. No. on lamp to HAL

**SOCIAL CARE DIRECT**  
TRADING STANDARDS  
Consumer helpline  
Tel: 03000 267 979  
Tel: 03000 261 016  
Tel: 08454 040 506

**WARM HOMES ADVICE LINE**  
WELFARE RIGHTS  
WELFARE ASSISTANCE SCHEME  
Tel: 03000 265 260  
Tel: 03000 269 968  
Tel: 03000 267 900

## OTHER SERVICES

(in alphabetical order)

**ACCIDENT AND EMERGENCY NHS SERVICE**  
University Hospital of North Durham Tel: 0191 333 2333

**MINOR INJURIES CLINIC**  
Shotley Bridge Hospital Tel: 0191 333 2333

**AGE UK**  
For people aged over 50 for advice and information on a wide range of services  
Tel: 0191 374 6367

**AIRPORTS**  
Newcastle Airport Enquiries Tel: 0871 8821121  
[www.newcastleairport.com](http://www.newcastleairport.com)  
Durham Tees Valley Airport Tel: 0871 8821121  
[www.durhamteesvalleyairport.com](http://www.durhamteesvalleyairport.com)

**AMBULANCE SERVICE in Emergency dial 999 or 111 if you need medical help fast but not a 999 emergency**  
This service is provided 24 hours a day from ambulance stations in and around the area.  
Calls are prioritised.

**BUS SERVICES**  
Public Transport Information N.E. Traveline Tel: 0871 200 2233  
Bus timetables are displayed at local bus stops.

**Access Bus: Link 2 Buses** Tel: 03000 269 999  
Enhanced service for people unable to access main public transport, such as those with disabilities or rural travellers.

**CHEMIST**  
Lloyds Pharmacy, Manchester House, Commercial Street, Brandon Tel: 0191 3789066  
M & M Pharmacy, Sawmills Lane, Meadowfield Tel: 0191 3784969  
W Smith, 1 Newhouse Road, Esh Winning Tel: 0191 3734249  
W Smith, Flass Terrace, Ushaw Moor Tel: 0191 3730255

**CHILDREN'S CENTRES**  
Brandon Children's Centre (Sure Start), Carr Ave, DH7 8NL Tel: 03000 269820

## CHURCHES

Contact the clergy of each church for information on local services.

**Brandon**  
Murray Independent Methodist Church, Grove Road Tel: 0191 3789642  
Secretary - Mrs Valerie Davis  
St. Andrew's Methodist Church, Carr Avenue  
Secretary - Mrs Joan Scott Tel: 0191 3781791

**Ushaw Moor**  
St. Joseph's R.C. Church, Durham Road  
Fr. David Coxon Tel: 0191 3730219  
St. Luke's Church, Esh Road  
Secretary - Mrs Linda Thompson Tel: 0191 3730694

Ushaw Moor Methodist Church, South View  
Secretary - Mr W Guymr Tel: 0191 3732160

**Esh Winning**  
Our Lady Queen of Martyrs, Newhouse  
Fr. David Coxon Tel: 0191 3730219

Acton Road Methodist Church  
Treasurer - Miss E Davison Tel: 0191 3849460  
Baptist Church, Durham Road  
Treasurer - Mr Joe Wilkinson Tel: 0191 3734831

St. Paul's Church, Waterhouses  
Rcvd Michael Jon Peers, The Vicarage,  
Church St, Langley Park Tel: 0191 3733110

**New Brancepeth**  
St. Catherine's Church, Brandon Road  
Church Warden: Joe Anderson Tel: 0191 3739927

New Brancepeth Methodist Chapel, Fairfalls Terrace  
David Bell Tel: 0191 3406086

**Langley Moor**  
St. Patrick's R.C. Church, Goatbeck Terrace  
Fr. Brian Murphy Tel: 01388 746220

**Meadowfield**  
St. John The Evangelist,  
Rcvd. Rev Carl Peters, Clergy House,  
Sawmill Lane, Brandon Tel: 0191 6803875

**ONEMAS/THEATRES**  
Gala Theatre, Durham Tel: 03000 266600  
Empire Theatre, Consett Tel: 01207 218171

**CITIZENS ADVICE**  
[www.adviceguide.org.uk](http://www.adviceguide.org.uk)  
32 Claypath, Durham Tel: 03444 111444  
Citizens Advice Consumer Helpline Tel: 0345 4040506

**Outreach Session**  
Brandon Community Hall  
11am – 12 noon – second and fourth Thursday of month  
**Esh Winning library**  
2 – 3pm – first Tuesday of month  
**New Brancepeth Village Hall**  
11 – 12 noon – first Thursday of month

**Ushaw Moor – Silver Trees former Sure Start**  
11 – 12 noon – third Thursday of month

**COMMUNITY CENTRES**  
Brandon Community Hall  
Brandon Lane, Brandon, Durham DH7 8PU  
For activities, classes and meetings contact Tony Taylor  
Tel: 07539 275048  
Tel: 0191 3406086

**New Brancepeth Community Centre**  
Village Hall, Rock Terrace, New Brancepeth, Durham  
For activities, classes and meetings contact David Bell  
Tel: 0191 3736198

**Waterhouses Community Association**  
Station Street, Waterhouses, Durham DH7 9AS  
For activities, classes and meetings contact Kate Lewis  
Tel: 03000 263659

**Woodland Road Communal Hall**  
Woodland Road, Esh Winning, Durham  
Laura Hornsby, Technical Assistant Durham City Homes  
Tel: 0191 3497593

**COUNTY DURHAM FURNITURE HELP SCHEME**  
The above will collect unwanted household items (in good condition) free of charge e.g beds, furniture and electrical items and resell them to people experiencing hardship or poverty.  
Tel: 01388 721509

**CRIMESTOPPERS**  
To contact the police anonymously and free of charge with information concerning a crime  
Tel: 0800 555 111

**DENTIST**  
Brannons  
Brannons Dental Practice  
Co-op Buildings, Lowland Road, Brandon Tel: 0191 3783444

**Esh Winning**  
Burgess & Hyder Dental Group, 2 Station Avenue  
Tel: 0191 3730352

**Meadowfield**  
Meadowfield Dental Practice  
34 Frederick Street South, Meadowfield Tel: 0191 3780201

**DISABILITY**  
SHOPMOBILITY in Durham City Tel: 0191 386 8556

**DOCTORS - MEDICAL PRACTICES**  
Brandon  
Brandon Lane Surgery, Brandon Lane, Brandon Tel: 0191 3782099

**Esh Winning**  
McKenzie House Surgery, Esh Winning, Durham Tel: 0191 3734232

**Meadowfield**  
Meadowfield Surgery, Sawmills Lane,  
Meadowfield Tel: 0191 3780651

**Ushaw Moor**  
Millaryd House, Durham Road, Ushaw Moor Tel: 0191 3730202

**DOGS**  
It is an offence to allow your dog to foul most land to which the public has access. Please use the dog waste bins which are situated at various locations in the area. Dog pooch bags are available free of charge from the following locations:

Brandon & Byshottles Parish Council Offices  
Langley Moor Post Office  
Brandon Library M & M Pharmacy, Meadowfield  
Esh Winning Library New Brancepeth Village Hall  
R & B Convenience Stores, Ushaw Moor Post Office  
Ushaw Moor New Brancepeth

**DURHAM CITY HOMES** Tel: 0191 3018470

**ELECTRICITY**  
To report emergencies and loss of supply contact NEDL (24 hr)  
Tel: 0800 66 88 77  
For all other enquiries please contact your own electricity supplier.

**ENVIRONMENT AGENCY**  
To report pollution or damage to the natural environment (24 hr.)  
Freephone 0800 80 70 60

**FIRE SERVICE**  
In emergency dial 999

**FITNESS AND LEISURE CENTRES**  
Meadowfield Leisure Centre Tel: 03000 266445  
Deerness Gymnastics Academy Tel: 0191 3739419  
The Sir Bobby Robson Centre Tel: 07841204727

**FLOODLINE**  
24 hour advice on floods, and flood warnings Tel: 0845 988 1188

**GAS**  
To report gas escapes at any time. Tel: 0800 111 999  
Other gas emergencies Tel: 0845 634 0508

**HEALTH SERVICES**  
NHS 111 (if you urgently need medical help or advice but it's not a life-threatening situation) Tel: 111  
NHS Podiatry Patient Contact Line Tel: 01388 826700  
NHS Dentist – Local Area Team Tel: 0113 8251600

**HELP LINES**  
**SAMARITANS** Freephone: 0845 790 9090

**CHILDLINE** for children in trouble or danger Freephone: 0800 1111  
FIRST CONTACT (support/advice for families and others worried about the safety of a child/youth person) Tel: 03000 267979  
Tel: 101

**ANTI-SOCIAL BEHAVIOUR (ASB)**  
COMMUNITY ALCOHOL SERVICE Tel: 0191 3866555  
COMMUNITY DRUGS SERVICE Tel: 0191 3866555  
DOMESTIC ABUSE Tel: 0808 2000 247

**HOSPICE**  
St. Cuthbert's Hospice, Park House Road,  
Merryoaks, Durham DH1 3QF Tel: 0191 3861170

**HOSPITALS**  
University Hospital of North Durham Tel: 0191 333 2333  
Bishop Auckland General Hospital Tel: 01388 455 000  
Darlington Memorial Hospital Tel: 01325 380 100  
Newcastle Hospitals Tel: 0191 233 6161  
Shotley Bridge Hospital Tel: 0191 333 2333  
Sunderland Eye Infirmary Tel: 0191 565 6256