

Alzheimer's Society now provides a free and confidential Dementia Advisor service in County Durham.

Dementia Advisors aim to provide the right information at the right time, to support those living with memory problems, or a diagnosis of dementia and those caring for them.

This can be delivered face-to-face, over the phone and backed up with printed information if needed. Meetings can take place wherever you feel comfortable, at a time that suits you during office hours, Monday to Friday.

An advisor is currently available once a month 10am – 12pm at Brandon Library on the following dates:

Monday 11<sup>th</sup> September 2017

Thursday 19<sup>th</sup> October 2017

Thursday 23<sup>rd</sup> November 2017

Thursday 21<sup>st</sup> December 2017

Thursday 18<sup>th</sup> January 2018

Thursday 15<sup>th</sup> February 2018

Thursday 22<sup>nd</sup> March 2018

For more information, please contact Judith using the details below.

**Judith Bentham, Dementia Adviser Chester Le Street & Durham**  
**durhamandchester@alzheimers.org.uk**  
**Co Durham Locality Office: 0191 389 0400**

